

Camp Lutherhoma Summer Information Sheet
Kinetic, Force, Energy, and Dynamic Programs
lutherhoma@lutherhoma.com
918-458-0704

Dear Parents,

Thank you for registering your child for camp! A camp experience is a tremendous chance for growth, fun, and enrichment. I hope everyone who attends Camp Lutherhoma grows in their faith, develops meaningful friendships, and experiences the beauty of God's Creation. We look forward to seeing you at camp!

In Christ,
John Busch, Camp Director

Before Your Week at Camp

- Read this information page including the Packing List.
- Tell a friend to join you at camp!
- Pay any remaining balance before your camp session begins. You can pay your balance by logging in to your camp account, mailing a check, or pay your balance at camp check-in.

Medication, Insurance, and Health Form

It is vital that all camper medications are correctly labeled and given to the health care staff during registration. The camp staff will keep all medicine in a safe location, except those that must be immediately available (i.e. inhalers, epi-pens).

Each camper is expected to have medical insurance with his/her family to cover accidents and illnesses. This information should be documented on your Health Form. No camper can be admitted to camp unless this form is completed.

To update your child's health form and medication:

1. Log in to your camp account at www.lutherhoma.com
2. Click on the name of the child you want to update.
3. Click My Forms, then Summer Health Form Camp Lutherhoma to review and make changes to the camper's health form.
4. Click Medications to view or manage the camper's medications.

Camp Check-In Sunday 3-5pm

Camper check-in is Sunday from 3pm-5pm on the deck near the Dining Hall.

At check-in you can pay any balance due, turn in all medication to the medic, and add money to your child's camp store account, if you would like. You will also have an opportunity to visit the camp store to purchase apparel or souvenirs.

During Your Child's Week of Camp

While your child is at camp forming memories you can send encouraging emails through your online camp account! Emails are printed each day. Your child cannot email you back, but they love hearing from you!

To email your camper:

1. Login to your camp account at www.lutherhoma.com
2. Click on the envelope icon in the top right of your screen.
3. Click "Email a camper" and fill out the form. You can also allow family members to view photos or send emails by clicking "Friend Accounts".

You can also send physical letters to your camper. Postal mail can take a few days to arrive at camp. Please plan accordingly.

Camper Mailing Address:
{Camper Name and Camp Session}
PO Box 1672
Tahlequah, OK 74465

Closing Program Friday 2:30pm

On Friday, parents, family, and friends are invited to attend our **Closing Program in the Outdoor Chapel at 2:30pm**. Closing Program is a great opportunity to experience the fun environment your campers have enjoyed during their week at camp!

Near the Outdoor Chapel will be a check out tent where you will confirm you are authorized to pick up your camper and gather any medications from the week. Campers are released on the Deck after Closing Program. The camp store will be open for final purchases.

Refund Policy If a camper cancels 2 or more weeks prior to the start date of their camp session they will be refunded all but the \$50 deposit. If the camper cancels less than 2 weeks to the camp date, no refund will be

Camp Lutherhoma Packing List

Please label your camper's items when possible.

Clothing

- 7 sets of shorts and T-shirts
- Socks (pack extra!)
- Underwear
- Pajamas
- Rain jacket
- Swimsuit (no bikinis or speedos)
- Laundry bag for dirty clothes
- Closed-toed shoes (required)- Totally enclosed shoes, typical tennis shoes
- Sandals for shower and pool
- River Shoes/Water Shoes- EVERY CAMPER should bring a pair of well-fitting closed-toed water shoes or an old pair of tennis shoes for water activities like water balloons, creek hikes, and rafting/kayaking/canoeing the Illinois River. Crocs are not acceptable.

Cabin Items

- Sleeping bag or sheets and blanket for twin bed
- Pillow with pillowcase
- Bath towel and Pool towel
- Toiletries: shampoo, soap, deodorant, toothbrush & toothpaste
- Comb or hairbrush
- Toiletry bag- campers will carry these items to and from the bathhouse each day
- Sunscreen
- Bug spray
- Flashlight
- Bible (any translation is fine)

Optional Items

- Sunglasses
- Hat with brim
- Notebook and pen
- Book for rest time

Packing Tips

- When packing your clothes, especially swimsuits, please consider that as Christians we need to be modest with our appearance. Campers should avoid clothing that is immodest or revealing as well as clothing that could be offensive in language or graphics.
- Expect clothes to get dirty at camp, so don't pack anything too nice!
- Avoid mix-ups by labeling all items with your camper's name.
- **Please leave at home:** cell phones, radios, electronic devices, tablets, jewelry, cash, or other valuables. Campers should not bring cigarettes, tobacco products, alcohol, knives, or weapons.